
❖SERMON NOTES ❖

Sunday, February 21, 2010

“LOVE IS NOT EASILY ANGERED”

(1 Corinthians 13:5)

Anger is a difficult emotion to manage. Anger can do substantial damage to a friendship, a marriage, a child, or a Christian testimony. The Bible speaks about anger often. In the love chapter of the Bible we learn that “love is not easily angered.” How can we handle our feelings of anger in a Christlike way?

1. Resolve to _____.

“A fool gives full vent to his anger, but a wise man keeps himself under control” (Proverbs 29:11, NIV).

2. Remember the _____.

“An angry man stirs up dissension, and a hot-tempered one commits many sins” (Proverbs 29:22, NIV).

3. Reflect before _____.

“Take control of what I say, O LORD, and guard my lips” (Psalm 141:3, NLT).

4. Release my anger _____.

“In your anger, do not sin” (Ephesians 4:26, NIV).

5. Rely on _____.

“Create in me a clean heart, O God” (Psalm 51:10, NLT).

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1. Resolve to manage it.

“A fool gives full vent to his anger, but a wise man keeps himself under control” (Proverbs 29:11, NIV).

2. Remember the cost.

“An angry man stirs up dissension, and a hot-tempered one commits many sins” (Proverbs 29:22, NIV).

3. Reflect before reacting.

“A stupid man gives free rein to his anger; a wise man waits and lets it grow cool” (Proverbs 29:11, NEB).

“Do not let the sun go down while you are angry” (Ephesians 4:26, NIV).

“Take control of what I say, O LORD, and guard my lips” (Psalm 141:3, NLT).

4. Release my anger appropriately.

“In your anger, do not sin” (Ephesians 4:26, NIV).

5. Rely on God’s help.

“May God, who gives this patience and encouragement, help you live in complete harmony with each other, Jesus as is fitting for followers of Christ” (Romans 15:5, NLT).

“The fruit of the Spirit is patience” (Galatians 5:22, NIV).

“For out of the overflow of the heart the mouth speaks” (Matthew 12:34, NIV).

“Create in me a clean heart, O God” (Psalm 51:10, NLT).

“I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh” (Ezekiel 36:26, NIV).