
❖SERMON NOTES ❖

Sunday, March 17, 2013

“WINNING OVER OUR WORRIES”

(Matthew 6:25-34)

In our Bible teaching today Jesus addresses our worries. Our concerns and anxious thoughts swell up from multiple sources and can quickly overwhelm us. Jesus teaches us how to win over worry.

“Give all your worries and cares to God, for he cares about you”
(1 Peter 5:7, NLT).

1. We need to see life _____ (6:19-21).

2. We need to understand the _____ (6:26).

3. We need to understand the _____ (6:27).

4. We need to understand _____ (6:28-30).

5. We need to understand _____ (6:31-33).

6. We need to understand _____ (6:34).

Philippians 4 provides a simple plan for overcoming worry:

1. Right _____ (Phil. 4:6,7)

2. Right _____ (Phil. 4:8)

3. Right _____ (Phil. 4:9)

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(Matthew 6:25-34)

“For this reason I say to you, do not be worried about your life, as to what you will eat or what you will drink; nor for your body, as to what you will put on. Is not life more than food, and the body more than clothing?” (Matthew 6:25, NASB).

“A double-minded man, unstable in all he does” (James 1:8, NIV).

“Give all your worries and cares to God, for he cares about you” (1 Peter 5:7, NLT).

1. We need to see life as God sees it (6:19-21).

“Do not store up for yourselves treasures on earth, where moth and rust destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where neither moth nor rust destroys, and where thieves do not break in or steal; for where your treasure is, there your heart will be also” (Matthew 6:19-21, NASB).

No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and Money” (Matthew 6:24, NIV).

2. We need to understand the faithfulness of God (6:26).

3. We need to understand the ineffectiveness of worry (6:27).

4. We need to understand God’s watch-care over us (6:28-30).

5. We need to understand our position in Christ (6:31-33).

6. We need to understand our needed God focus (6:34).

Philippians 4 provides a simple plan for overcoming worry:

1. Right praying (Philippians 4:6,7)

“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus” (Philippians 4:6-7, NASB).

“Casting all your anxiety upon Him, because He cares for you” (1 Peter 5:7, NASB).

3. Right Thinking (Philippians 4:8)

“Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your mind dwell on these things” (Philippians 4:8, NASB).

3. Right Living (Philippians 4:9)

“The things you have learned and received and heard and seen in me, practice these things; and the God of peace shall be with you” (Philippians 4:9, NASB).