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❖SERMON NOTES ❖

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Sunday, July 26, 2015

**“BREATHING ROOM”**

(Luke 10:38-42)

People are busier now more than ever before. When our schedules get full we have to let something go. Often times the first thing to go is what really matters the most. Today as we continue our summer series, *Rediscover Jesus*, we are going to look at an encounter that Jesus had with one of His close friends and how He helped her to refocus on what really matters.

**What’s the problem?**

Martha was not doing anything \_\_\_\_\_; she was doing what was \_\_\_\_\_.

**Here’s the problem:**

Just because it’s normal doesn’t mean it’s \_\_\_\_\_.

**Normal (as defined by culture):**

- A. Living for \_\_\_\_\_
- B. Seeking the \_\_\_\_\_ of others
- C. Purpose is found in \_\_\_\_\_
- D. More is \_\_\_\_\_

**Culture’s definition of normal leaves no room for \_\_\_\_\_.**

**Definition of Margin: The \_\_\_\_\_ between our \_\_\_\_\_ and our \_\_\_\_\_.**

**Definition of Stress: When there’s no \_\_\_\_\_.**

**Creating Margin:**

- A. \_\_\_\_\_
- B. Take a \_\_\_\_\_

C. \_\_\_\_\_ the kingdom of God

D. Remember, we were created for \_\_\_\_\_

**Margin creates** \_\_\_\_\_

**Perspective changes our** \_\_\_\_\_

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**What’s the problem?**

Martha was not doing anything bad; she was doing what was normal.

**Here’s the problem:**

Just because it’s normal doesn’t mean it’s right.

**Normal (as defined by culture):**

- A. Living for now
- B. Seeking the approval of others
- C. Purpose is found in activity
- D. More is the standard

**Culture’s definition of normal leaves no room for margin.**

**Definition of Margin: The space between our current pace and our limits.**

**Definition of Stress: When there’s no space.**

**Creating Margin:**

- A. Be still

Psalm 46:10a, NLT

Matthew 11:28, HCSB

Psalm 37:7a, ESV

B. Take a day off

Mark 6:31, NLT

Ecclesiastes 4:6, MSG

Proverbs 3:5-6, NIV

C. Seek first the kingdom of God

Philippians 4:6, MSG

Matthew 6:33, NASB

D. Remember, we were created for eternity

Ecclesiastes 3:11, NLT

Colossians 3:1-2, ESV

**Margin creates perspective**

**Perspective changes our priorities**